



**VBIdaho
VBTeton**
Dream • Believe • Live



Camp Registration Form



SAVE \$10
Register online
www.VBcamps.com

If you cannot register online,
fill out this form front and
back and pay by check.

Please write legibly

Name _____

*E-mail _____ @ _____

*Confirmations will only be sent by e-mail. If no legible e-mail address is supplied, your canceled check will serve as your receipt.

Home Phone (_____) _____ - _____

Address _____

City _____ State _____ Zip _____

School _____ Club team _____

Grade next Fall: 12th 11th 10th 9th 8th 7th 6th 5th
Level played last year: Varsity JV Middle School Beginner
Teammate Request _____

Registration includes a drawstring backpack and water bottle.
Payments received after June 15 must include a \$10 late fee.
Please make check payable to **Mike Welch Camps**.

Camp store purchases (pictures at www.VBcamps.com)

- Shirt - \$11, Size: YS YM YL S M L XL
- Long Sleeve Shirt - \$15, Size: YS YM YL S M L XL
- Dri-fit embroidered hat - \$11
- Volleyball - \$15

Pocatello, Idaho

- Spring Clinic - \$89 online, \$99 personal check, March, April, May
- VBcamps Elite Academy Summer Camp - \$159 online, \$169 personal check

Idaho Falls, Idaho

- Spring Clinic - \$89 online, \$99 personal check, March, April, May
- VBcamps Elite Academy Summer Camp - \$159 online, \$169 personal check

Jackson Hole, Wyoming

- Spring Clinic - \$79 online, \$89 personal check, April
- VBcamps Elite Academy Summer Camp - \$199 online, \$209 personal check

Boise, Idaho

- Spring Clinic - \$79 online, \$89 personal check, May
- VBcamps Elite Academy Summer Camp - \$189 online, \$199 personal check

Private Lesson with Mike Welch (call/e-mail for more details*)

- \$135* for 1 hour + actual gym and travel expenses for up to 6 players
- \$175* for 1 hour + actual gym and travel expenses for up to 12 players

Camp at your site (call/e-mail for more details, limited dates)

- \$159 per participant (minimum 24) + travel expenses during September-June
- \$169 per participant (minimum 24) + travel expenses during July-August

Mike Welch Camp Director

As a NCAA Division I & II Head Coach

- 17 seasons as an NCAA collegiate head coach
- 362-289 overall record (267 wins at college level)
- 6 nationally ranked seasons
- 5 conference championships
- 4 NCAA Tournament appearances
- 1 NIVC Tournament appearance
- 2 All-Americans, 17 All-Region, 43 All-Conference and 77 Academic All-Conference selections
- 5 AVCA Team Academic Awards, including the highest team GPA in the nation, and two Top 3

As a USA Coach

- Two-time USA Youth National Team Head Coach
- US Olympic Festival Head Coach
- 1 Gold Medal with the USA Youth National Team
- 2 Silver Medals with the US Olympic Festivals
- Coached 1 Olympic Gold Medalist, 5 Olympians,
- 5 National Player-of-the-Year honorees, and over 40 high school/collegiate All-Americans

What are your dreams with volleyball? Make your team... earn a scholarship to play in college... become an All-American... compete in the Olympics... win Championships? Mike Welch has helped volleyball players turn all these dreams into reality.

Camp Agendas

Day 1
9:00am Check In*
9:30am-12 noon Serve, pass, serve receive
1:00pm-3:30pm Set, hit, serve receive

Day 2
9:30am-12 noon Defense and block
1:00pm-3:30pm Transition and Team Def.

Day 3
9:30am-12 noon Positional or skill reps
1:00pm-3:30pm College practice or games
Camp awards

What to Bring

- Indoor volleyball shoes
- Kneepads
- Shoes for outdoor volleyball
- T-shirt, shorts (and sweatshirt)
- Sun block
- Athletic tape, braces or any other special needs
- Camera
- Money for snacks
- Lunch or lunch money

*Directions to camp are on our web site and will also be sent in the registration e-mail confirmation.

Spring Clinic times

Spring clinics are 2 hour evening sessions between 5pm and 9pm, based on facility and group assignments. Times will be in the confirmation e-mail and on the web site.



Programs

Spring Training Clinics

Multi-session series that have fundamental, advanced, and position specific skills training for all levels. A great boost of high energy individualized training during the club and off season.

Elite Summer Camp

Elite position specific training with collegiate level intensity for Varsity and club players. Work on advanced skills and take your game to an elite level. For sophomores through seniors who have at least one year of Varsity or 3 years of club experience.

Advanced - Intermediate Summer Camp

Camp has fundamental VB skills, team system training and fun competitive drills for experienced JV, middle school, and club players. For players with prior team experience including JV, middle school and/or club. Players grouped by experience.

Beginner Summer Camp

A great way for beginner players to get exposed to the game. Learn the game and have fun. For participants with no prior team experience.

Camps do not include overnight housing or meals. Check our web site for hotel information.

Private Lessons

Amazing small group opportunities to train with whom you like and on the specific skills of your choice. These sessions can include skills training, video analysis, consultations, recruiting advice, & feedback.



Idaho Falls, ID

March 4, 11, 18, 2008
April 1, 8, 15, 2008
May 6, 3, 20, 2008
July 14-16, 2008

Jackson Hole, WY

April 23-24, 2008
July 29-31, 2008
Within 15 minutes of Grand Teton and 50 min. of Yellowstone National Parks

Pocatello, ID

March 3, 10, 17, 2008
April 7, 14, 21, 2008
May 5, 12, 19, 2008
August 4-6, 2008

Boise, ID

May 21-22, 2008
August 7-9, 2008

Camp at your site

Host a 3 day **VBcamps Elite Academy Team Retreat Camp**, or **Pre-Season Team Camp** at your site. Includes team training, coach consultations, and more. Go to www.VBcamps.com for more info.

Medical and Waiver Form

Must be completed and signed by a parent before participating in camp. Do not mail within 2 weeks of the camp.

Name _____ Birthday ____/____/____



Must be completed by a parent or guardian.

In the event of an emergency requiring medical attention, I hereby grant permission to any physician, hospital personnel, camp staff, and athletic trainers designated by VBcamps.com (a Peak Inspiration event, ABN of Michael Welch) to attend to my child.

I, the undersigned, understand that there are risks associated with strenuous physical exertion and with this event. In consideration of the right to participate in the Team Retreat Camp and/or VBcamps Elite Academy, I hereby assume all risks associated with this event and I hereby waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my daughter, or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of VBcamps (a Peak Inspiration event, ABN of Michael Welch) its staff, all host locations, or anyone else connected with this event.

I also grant permission for use of any photographs and/or video taken of my child during the camp for display, publication in print or Internet, advertising, promotion, or other commercial use by VBcamps.com, Peak Inspiration, or any other Michael Welch properties.

Refunds, less a \$50 fee will be made if requested in writing at least 30 days prior to camp, or less a \$100 fee if requested in writing at least 14 days prior to camp. Player fees are transferable to another person, if requested in writing at least 7 days in advance.

Signature of parent/guardian _____ Date _____

Parents/Guardians Names _____

Cell (____) _____ - Home (____) _____ - Work (____) _____

Address _____ City _____ State _____ Zip _____

Other emergency contact: Name _____ Phone (____) _____

HEALTH HISTORY

Answer Y (Yes) or N (No). If yes, describe or list information necessary.

Y N Will participant bring any medication? List _____

Y N Allergies (include all medications) _____

Y N Asthma, Use inhaler Y N _____

Y N Diabetes _____

Y N Heart condition _____

Y N Surgery in past 5 years? _____

Y N Past injuries _____

Other useful information _____

Health Insurance Company _____

Policy # _____

Please attach copy of insurance card if necessary.

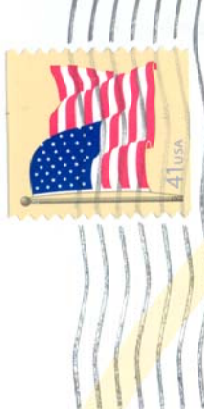
Family Doctor _____ Phone (____) _____

Mike Welch, Camp Director (208) 233-3798

VBcamps Toll free (866) TEAM-FUN

5050 Johnny Creek Road www.VBcamps.com

Pocatello, ID 83204 Mike@VBcamps.com



Volleyball Coach VB1
GENESEE HIGH SCHOOL
PO BOX 98
GENESEE, ID 83832-0098

Mike Welch, Camp Director
5050 Johnny Creek Road
Pocatello, ID 83204
Toll free (866) TEAM-FUN



VBIdaho

VB Teton



Dream • Believe • Live

Inspiring you to reach your peak



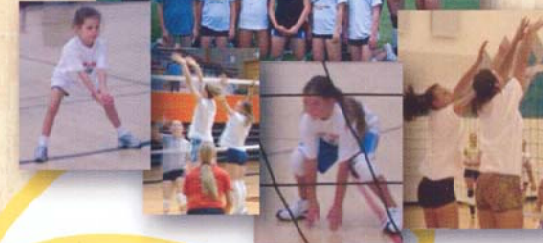
Volleyball

Summer Camps, Spring Clinics and Private Lessons

Pocatello, Idaho Falls, & Boise, Idaho
Jackson Hole, Wyoming

Mike Welch

- 2x USA Youth National Team and US Olympic Festival Head Coach
- 17 year veteran NCAA Division I and II collegiate head coach recording 6 nationally ranked seasons, 5 conference championships, 4 NCAA Tournaments, 1 NIVC Tournament, 2 All-Americans, 17 All-Region, 43 All-Conference, and 77 Academic All-Conference selections



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