



*Sodium.* School breakfasts offered to each age/grade group must meet, on average over the school week, the levels of sodium specified in the following table:

**School Breakfast Program: Sodium Limits**

<b>Age/Grade Group</b>	<b>Target 1 (mg)</b>
K-5	$\leq 540$
6-8	$\leq 600$
9-12	$\leq 640$

*Sodium.* School lunches offered to each age/grade group must meet, on average over the school week, the levels of sodium specified in the following table within the established deadlines:

**National School Lunch Program: Sodium Timeline & Limits**

<b>Age/Grade Group</b>	<b>Target 1: Effective July 1, 2022 (mg)</b>	<b>Interim Target 1A: Effective July 1, 2023 (mg)</b>
K-5	$\leq 1,230$	$\leq 1,110$
6-8	$\leq 1,360$	$\leq 1,225$
9-12	$\leq 1,420$	$\leq 1,280$